
When to Move On

by Lynne Eisaguirre

What if you've tried all the techniques in my books and seminars and still can't handle your current job? At some point even the best of us need to fold our cards, pack up our tent, and move on. How do you know if it's your time? Take this test, answering yes or no for each item.

- You honestly do not have a bad habit of leaving jobs at the first sign of difficulty or conflict
- You've diligently tried all the tricks I've suggested in order to improve your chances of loving your current job and managing the difficult people with whom you work
- You're constantly miserable
- Your mental or physical health is suffering because of your job
- You're being subjected to mental or physical abuse or harassment
- Your spouse, best friend, significant other, priest and/or therapist is telling you that they can't stand to hear about your crummy work situation one more time.

If the answer is yes to two or more of these questions, you need, as U2 advises, to Walk On.

Disaster Preparedness

Before you do make your move, however, be prepared. Consider these essential truths:

1. It is much easier to get a job when you have a job
2. Burned bridges are difficult to rebuild
3. An updated resume and financial protection should be prioritized
4. You may need emotional and financial support during the process.

Like to learn more? Check out one of Lynne's books or attend on of her speaking events, below.